

UNIFORM UPPER GARMENT MEASUREMENT FORM

PERSONAL DETAILS

Date: _____

Gender: ☐ Male ☐ Female

Name: _____

Company: _____

Branch: _____

Email: _____

Phone Number: _____

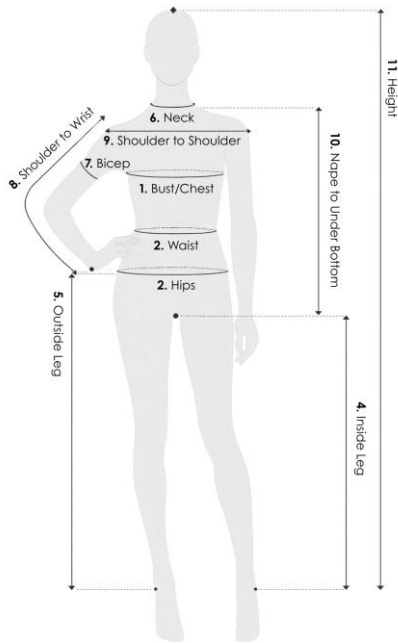
Garment Name: _____

SKU: _____

Comments: _____

PLEASE NOTE: Measuring instructions are the same for both male and female.

IMPORTANT: Customer agrees to take full responsibility for the measurements they supply and for the garments made to those measurements. They cannot be returned to TOTAL IMAGE GROUP for credit or exchange.



HOW TO MEASURE

Please complete all the fields associated to the UPPER GARMENT you are ordering
PLEASE NOTE THAT WE REQUIRE FULL CHEST MEASUREMENTS. PLEASE LIST MEASUREMENTS IN CMS.

My Body

A Garment

CHEST/BUST CMs

1 - CHEST/BUST

With arms relaxed down at sides, measure around the fullest part of bust/chest, under the arms and straight across back. Do not over-inflate your chest.

WAIST CMs

2 - WAIST

Measure around the smallest part of your torso; keep your measuring tape comfortably loose. (Should be somewhere below the ribcage and above the belly button).

HIPS CMs

3 - HIPS

Stand with heels together. Measure around the fullest part of the hips whilst keeping the tape level.

NECK CMs

6 - NECK

Take measurement by placing tape around the bottom of neck, keeping 2 fingers between neck and tape measure.

BICEP CMs

7 - BICEP

Measure the circumference of the widest point of your relaxed upper arm.

SHOULDER TO WRIST CMs

8 - SHOULDER TO WRIST

Bend your elbow at a 90-degree angle, fingers pointing ahead. Have someone measure from your outside shoulder point, around your elbow and to 2 cm past your wrist bone.

SHOULDER TO SHOULDER CMs

9 - SHOULDER TO SHOULDER

With arms straight down at sides, measure horizontally across the back from one tip of shoulder to the other side.

NAPE TO UNDER BOTTOM CMs

10 - NAPE TO UNDER BOTTOM

Measure vertically from the base of your neck (center back of neck) to under the bottom. (Do not follow body contours).

HEIGHT CMs

11 - HEIGHT

Standing up straight, measure from head to toe without shoes on.

If you have any questions and to submit this form please email
customerservice@totalimagegroup.com.au